### Leadership From the Inside Out

By Kanasha Blue

#### Leadership at Work Emergent Leadership

Staff Sergeant Kanasha Blue, US Army Ret.





**Labor Service Representative** 

# Personal Mastery Leading with Courage, Authenticity and Awareness



if you wear a mask long enough, you begin to forget who you are beneat it

# Leadership Philosophy "Is growing the whole person to grow the whole leader."

Theory: I believe being confident, compassionate, motivating and taking the initiative will allow me to be an affective leader

Attitude: My thoughts will focus on overcoming the possible and impossible by trying until we find success. My words will be guiding and encouraging.

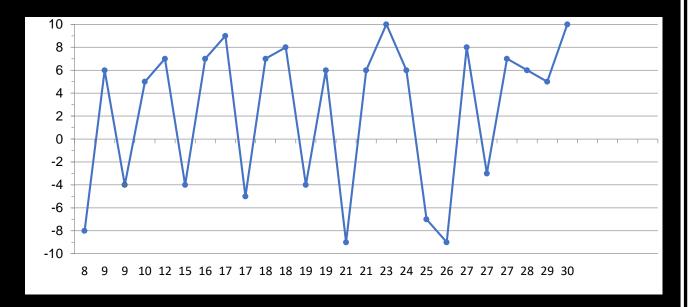
Principle: I will lead from a learning mindset with empathy. I will listen attentively, seeking to understand and leveraging the experience and talents of other fully. Understanding that situations change, people change and learning equals growth.

Behavior: I expect to be open to suggestions and communicate in challenging situations.

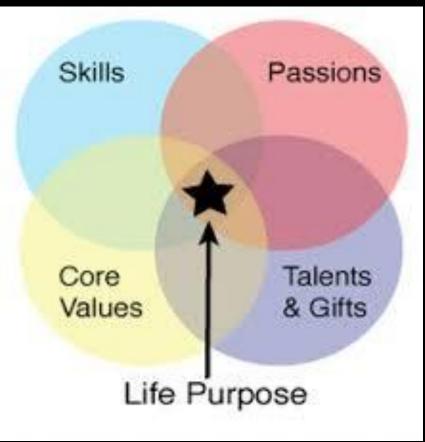
#### Story Master

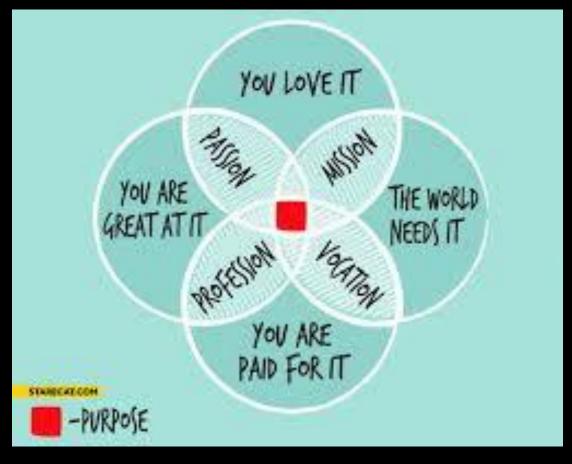
Age	+\-	Descriptor
8	-8	Moved to Montego bay to live with my mother
9	6	Immigrated to United States to Live with my father
9	-4	Bullied in School
10	5	Move to a new house and new school district
12	7	Join Jv Track and Field Team
15	-4	Suspended from High School
16	7	Joined the boys wrestling team
17	9	Joined the guard and go to basic training
17	-5	Got cut from the track team
18	7	Graduate High School
18	8	Attend Advance Individual Training
19	-4	Almost expelled from college
19	6	Elected to student government
21	-9	Diagnosed with Hip Displysa, Left hip reconstruction, Total Right Hip Replacement
21	6	Joined a Sorority
23	10	Graduated College Magma Cum Lade
24	6	Started dating Robert
25	-7	Deployed in Support of Operation Enduring Freedon
26	-9	Left Hip Replacement
27	8	Got Married
27	-3	Retired from Military
27	7	Graduated from Graduate School
28	6	Started working at Department of Labor
29	5	Started PHD Program
30	10	Had baby Robyn

Leading with Inspiration "Stories are the language of leadership"



## Purpose Mastery Leading on Purpose





## nterpersonal Mastery Leading through Synergy and Service



DIFFERENCE BETWEEN

**VS**.

LEADER



- Drives employee
- Depends on authority
- Inspires fear
- Says, "I"
- Places blame for the breakdown
- Knows how it is done
- Uses people
- Take credit
- Commands
- Says, "Go"

- Coaches them
- -On goodwill
- Generates enthusiasm
- Says, " We"
- Fixes the breakdows
- Shows how it is done
- Develops people
- Gives credit
- Asks
- Says, "Let's go"

# Change Mastery Leading with Agility



#### lience Wast Leading with Energy **WAYS TO BUILD RESILIENCE – YOUR ABILITY TO BOUNCE BACK FLEXIBLE POSITIVE FOCUSED CONNECTED ENERGY OPEN-MINDED** Relationships **Optimism** CONFIDENT Sleep **Exercise** Responsibility **PROACTIVE** Perspective **ORGANISED**

# Being Mastery Leading with Presence



# Coaching Mastery Leading by developing self and others

